



# WE'RE COMMITTED TO BETTER ENVIRONMENTS

Total Managed Solutions is committed to improving environments. The spaces in which we live, work and play can inspire creativity, offer peace and security, and even remove social barriers and support better relationships. That is why we are so passionate about what we do; whether cleaning and maintaining offices, or supporting community projects like the Oasis Farm in Waterloo.

### **WORKING WITH OASIS**

Oasis works across the UK and in 11 countries around the world. In the UK, they are one of the leading academy sponsors and are committed to providing exceptional education in some of the UK's most deprived communities. The Oasis headquarters are in Waterloo, where they run a spectrum of community projects including a church, primary and secondary schools, the farm, children's and youth work activities

including a youth violence intervention programme with St Thomas' Hospital, a foodbank and debt advice centre.

The Oasis Farm exists to provide a safe, supportive and inspiring space for the community. They use the themes of food and farming to help people feel more connected and empowered, and to reach their full potential.

#### **WATERLOO**

Waterloo is part of the London Borough of Lambeth. It is home to roughly 320,000 people and is one of the most densely populated areas of the UK, twice the London average. It has a rich social, ethnic and cultural diversity but is more popular with young working people than families. There is a 12% annual population replacement, which is in part related to the low ownership rate. 65% of residents rent and 70% live in flats. Despite much affluence, 87,000 people live in effective poverty. Like many inner-city communities, Lambeth struggles with youth and gang crime and there are significant concerns regarding the air quality.

#### WHAT WE DID

TMS provided funding for volunteers to help transform local wasteland into a community garden that will become part of the Oasis Farm. Our team of committed volunteers worked under the glare of the midday sun to fill two skips with litter and discarded building materials.

## **EXPECTED OUTCOMES**

The next stage of the project will see the entire area cleared of vegetation before the soil is cleaned and a new garden landscaped. The garden will accompany the main farm in providing an inner-city sanctuary and space for community learning opportunities featuring edible plants, fruit and vegetables.

A recent study by the University of Essex found that green spaces have a significant impact on our mental wellbeing. Their evidence shows that people within an area with green spaces are less stressed and that when less stressed we make more sensible decisions and our communication improves. In short, green spaces improve environments and communities.

Oasis is committed to serving the Waterloo community and ensuring that the garden can be utilised by families and schools



Research shows that green spaces have a possitive effect on the community around them.

"It was great to have the support of the TMS guys today. The space has been transformed, and what looked little more than a rubbish dump is now ready for us to work with local gardeners to create a fantastic community sanctuary; a quiet place for all to enjoy some time away from the bustle of the city. We're really thankful to TMS for helping with this."

Nathan Jones, Oasis Waterloo Hub Projects Manager

The garden will help to alleviate stress and act as a signpost to further community support programmes including debt advice and youth services. The Oasis Farm aims to improve knowledge of dietary and nutritional needs and provide local produce for schools.

This is a programme that illustrates the importance of our environments and how they can draw out our very best. That's why we do what we do.





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Special thanks to Oasis



# **FIND OUT MORE**

If you would like to find out more or visit the farm, you can find details and information on their website:

www.oasisfarmwaterloo.org